



## GO NUTS

Cara Jammet, my wardrobe stylist, is hooked on **Skinny Dipped Almonds**. They're full of protein and fiber, so you don't feel guilty grabbing a handful or two. [skinnydipped.com](http://skinnydipped.com)



# 5 THINGS I'M LOVING RIGHT NOW



## JOHN'S COCKTAIL

### PINK SPARKLER

*Bubbles instantly add festivity to any drink, and grapefruit and mint keep things summery and fresh.*

12 fresh mint leaves, plus 2 sprigs for garnish • 5 oz. fresh pink grapefruit juice (from 2 grapefruits), plus 2 twists for garnish • 2 oz. gin • 1 oz. simple syrup • ice cubes • 6 to 8 oz. pink Champagne

In a cocktail shaker, using a muddler or the handle of a wooden spoon, muddle the mint leaves. Add the grapefruit juice, gin, and simple syrup. Fill the shaker with ice; shake well. Strain into 2 Collins glasses filled with ice. Add the Champagne; stir gently. Garnish each glass with a mint sprig and a grapefruit twist. Makes 2.



### MARVELOUS MEZE

**Suraya** is a Lebanese concept with a fresh market and a full bakery in Philadelphia. The kebabs, the grape leaves, the falafel—everything is delicious! [surayaphilly.com](http://surayaphilly.com)



## BUG OUT

My makeup artist, Joe

Simon, picked up **Viriditas Botanicals SOS Mosquito Repellent** at the Hotel San José when we were in Austin during South by Southwest. We both used it during my Feedback event down there, and it was the first time we didn't get any bug bites! \$16 (not pictured), [viriditasaustin.com](http://viriditasaustin.com)



## CAP IT OFF

Every time my friend Andrew Kaplan wears a piece of merch from his *Beyond the Plate* podcast, I want one—no joke. This **HEARD Cap** has a double meaning: There's the audio from a podcast, and, in a restaurant kitchen, "Heard!" is the staff's response to a chef's orders. And don't we all want to be heard? \$30, [flavourgALLERY.com](http://flavourgALLERY.com)